

Overview of Mentorship Experience



Ontario Workplace Health Coalition

Supporting comprehensive workplace health in Ontario

Our Promise:

- To provide learning and developmental opportunities for a person with a passion for workplace health, safety and/or wellness.
- Opportunity to leverage your knowledge and skills to contribute to a not-for-profit organization committed to a comprehensive approach to workplace health...work in your strengths
- Opportunity to work with industry leaders in the health, safety and wellness fields
- Will get coaching, mentoring and potential sponsorship.
- Free membership and admission to all events, presentations.

Necessary Qualities of a Mentee

- Tenacity
- Passion for learning
- Ability to collaborate with different types of people with different thinking styles, knowledge and approaches
- Passion for workplace health
- Generosity of spirit—share your knowledge and ideas and bring suggestions 😊
- Positive mindset
- Flexible. This exercise is a work-in-progress, we will be learning and adapting together as we go
- FUN

Skills

- Excellent verbal and written communication skills in English
- Knowledge of social media; platforms include but not limited to Facebook, LinkedIn, Twitter, Instagram
- Effective at researching and sourcing credible information

Really cool bonus stuff if the candidate has

- Background in learning and development and learning technologies
- Experience in community engagement
- Health promotion
- Industry contacts

Work which may be completed

- Research on topics relevant to a Comprehensive Approach to Workplace Health;
- Research topics that can be posted as well as website content
- Create Podcasts, PowerPoint presentations, learning platforms such as video scribe
- Identify sources of funding/revenue streams
- Identify stakeholders which the Coalition should engage

- Identify events/conferences which would make sense for the OWHC to develop a strategic partnership with
- Help source vendors, speakers etc. for industry events
- Possible minute taking and assembly of Pre—Board meeting packages.
- Participate in bi-weekly calls with your OWHC mentor to share your successes and what is really fun and not so much (primary mentor will be Tracey Poulin Dun)

The process

- Submit no more (can be less) than one page or YouTube video (no more than 3 minutes) on why you would like this experience.
- Please include, what you would bring to the role (skills, abilities, any of the ‘cool bonus stuff’).
- Please make your submissions to: contact@owhc.ca and include an email or phone number where we may contact you.
- Prospective mentees may be asked to participate in an interview (more like a conversation).

The experience will commence February 2019 and go until December 2019.

Weekly time commitment may vary, but likely 1-2 hours.

Thank you for your interest!

Yours in great health!



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